

Outdoor Language Fun!

Being outside is not only good for your health and well-being, it's great for speech and language development too! Outside activities are perfect for teaching your kids new words in fun ways, plus they are a great way to bond and have high-quality interactions. Below are some ideas on how to incorporate speech and language into exciting activities with your kids:



OBSTACLE COURSE – This is a fun game for the beach or on a picnic at the park. You can use treasures from the outdoors like leaves, cones, shells, and feathers. Parents and older children can help set up an obstacle course using one, two, or three part directions—depending on the age of the child.

“Stomp around the picnic table.”

“Climb under the table and run to the tree.”

“Tip toe to your Mom, wave hello, and go sit on a chair.”

“Pick up a shell, hop to the log, and put the shell on top.”

GO CAMPING – Camping is a relaxing time for kids to experience new activities in a fun environment. There's lots of camping specific vocabulary to learn, such as **“tent, campfire, sleeping bag, flashlight, bug spray”** as well as exciting action words like **“pitching a tent, lighting a campfire, packing the car,”** and everyone's favourite **“roasting marshmallows.”**



FLY A KITE – Flying a kite is a great way to teach new concept words. For example, the kite is flying **“high/low,”** it is moving **“up/down,”** you are running **“fast/slow,”** or making the string **“long/short”**. It is also an enjoyable activity that kids can participate in from start to finish as they design, craft, and learn to fly the kite.

PLAYING IN WATER is another great way to learn new concept words like **“wet/dry,” “float/sink,”** and **“full/empty!”**

