

NH Pulmonary Diagnostic Services

PATIENT INSTRUCTIONS

Test type: Home Oxygen Assessment

Test time: Arrive 20 minutes early to allow for parking and checking in.

Check in: Report to patient registration/information for direction to testing area.

Please be sure to follow the instructions below:

- All patients are required to provide a Care Card or other form of ID for check in. We will need to confirm that the information we have for you is current and correct.
- Hospitals and Health Centers are scent free environments. Please do not use or wear any scented products (perfume, cologne, after shave, etc.) This can impact the health of other people.
- Wear regular clothing attire but nothing that restricts your ability to breathe. You may be walking during your assessment so make sure your clothing is comfortable, and you are able to walk well in your footwear.
- Bring with you any mobility devices you regularly use like a walker, or cane.
- If you are currently on home oxygen, please bring your portable equipment with you to the appointment.
- Do not consume any intoxicants (alcohol, marijuana, or recreational drugs) 8 hours prior to testing.
- Please use the washroom prior to testing.
- A Home Oxygen Assessment can take between 30–60 mins.
- Please take all your medications as regularly prescribed.
- During the assessment a Respiratory Therapist will be checking your oxygen levels while you are sitting and possibly while you are walking. You may also go home with a monitor to check your oxygen levels while you sleep.

If you need to cancel/rebook your testing appointment, please contact your testing site:

Testing Site	Phone Number
Fort St John Hospital	250.261.7499
Dawson Creek and District Hospital	250.782.8501 Ext: 742255
Prince George UHNBC	250.645.6314
Terrace, Ksyen Regional Hospital	250.638.4046