

NH Pulmonary Diagnostic Services

PATIENT INSTRUCTIONS

Test type: **Overnight Oximetry Test**

Test time: Arrive 20 minutes early to allow for parking and checking in.

Check in: Report to patient registration/information for direction to testing area.

Please be sure to follow the instructions below:

- All patients are required to provide a Care Card or other form of ID for check in. We will need to confirm that the information we have for you is current and correct.
- Hospitals and Health Centers are scent free environments. Please do not use or wear any scented products (perfume, cologne, after shave, etc.) This can impact the health of other people.
- Overnight Oximetry appointments take about 15 mins.
- During the appointment you will be measured for height/weight and will be asked a few questions about how you sleepy you are during the day and how you sleep at night. You will be given a small monitor to take home, along with a sleep diary. You will need to return the monitor and diary to the hospital the following day.

If you need to cancel/rebook your testing appointment, please contact your testing site:

Testing Site	Phone Number
Fort St John Hospital	250.261.7499
Dawson Creek and District Hospital	250.782.8501 Ext: 742255
Prince George UHNBC	250.645.6314
Terrace, Ksyen Regional Hospital	250.638.4046