

Stool Collection

PATIENT COLLECTION INSTRUCTIONS

Test	Stool Collection
All tests	<ul style="list-style-type: none"> Do not collect multiple samples on the same day. You will be asked to recollect them. Use the provided collection container. Do not overfill the container. For the results of your test, please contact the ordering physician or check your HealthElife account.
Calprotectin (Orange Top Cup)	<ul style="list-style-type: none"> This is a self pay test unless MSP coverage criteria is met – confirm with your physician if you will need to self pay before presenting at a lab. Must be frozen.
H. pylori Stool Antigen (Orange Top Container)	<ul style="list-style-type: none"> The sample must be formed stool. Watery/diarrheal specimens are not accepted. Antibiotics and acid lowering medication may interfere with the test results. If you are taking any of these medications, it is recommended that you discuss this with your doctor before having the test done. Bring to laboratory within 12 hours of collection, refrigerate after collection until brought into laboratory.
C. difficile (CDT) (Sterile Orange Top Cup)	<ul style="list-style-type: none"> Bring specimen to the laboratory on the same day as collection. The sample must be liquid stool. Formed stool will be rejected. Refrigerate after collection until brought into laboratory.
Stool Microscopy (Yellow Top SAF Fixative)	<ul style="list-style-type: none"> Use collection container with clear fluid (labelled SAF preservative/fixative). Place stool into preservative within 30 minutes of collection. Do not fill past “fill line” marked on the side of the collection container.
How to Prepare	<ul style="list-style-type: none"> Keep container upright so it does not leak or spill. Keep out of reach of children and pets. Collect in a clean environment.

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Caution	<ul style="list-style-type: none"> • These collection instructions are meant to help you collect the right specimen for this test. Failure to follow instructions, improperly labelled or leaking containers may result in sample rejection. Contact the laboratory with any questions or if you require a new container. • The collection container may contain a liquid preservative. Do not pour the solution out of the container. • If contact with the solution occurs, rinse the area immediately with running water. • Seek medical attention if ingested. • Do not contaminate specimen with urine, water, or toilet paper.
Collecting the Specimen	<ol style="list-style-type: none"> 1. Confirm the collection container is labelled correctly with: <ul style="list-style-type: none"> ◦ Your (the patient) first and last name ◦ Another identifier such as date of birth (DOB) or healthcare number (PHN) ◦ Some containers cannot be labelled until collection, lab to provide patient information label for these collections to be placed on container by patient after collection. Please check that all information is correct before labelling sample. If no label is provided, please write first and last name and date of birth on the container. 2. Wash hands with soap and water. 3. Pass urine into the toilet first if needed. 4. Collect the stool into a clean disposable container (plastic container or paper plate) or place plastic wrap under the toilet seat hanging over the water in the toilet. Line diapers with plastic wrap or disposable liners. Do not collect from toilet paper. The stool specimen must not touch the toilet water or urine. 5. Avoid touching the inside of the collection container and lid. 6. Using a disposable spoon or the swab provided, transfer a small amount of stool into the container. Submit bloody, slimy, or watery areas of stool. <ul style="list-style-type: none"> ◦ Do not exceed “MAX FILL” line on the label. 7. When submitting stool using the FecalSwab™, hold the swab shaft (stick) between your thumb and finger and mix the stool in the tube. Hold the tube away from your face and bend the swab shaft at the marked break point. Discard the broken upper part of the swab shaft. 8. Tightly secure the lid. 9. Wash hands thoroughly and dispose of items used to collect sample. If the collection container has a scoop attached to the lid do not dispose of, leave attached. 10. Clearly write collection date and time on the container and the requisition. 11. Place container into the sealed bag provided. 12. Place the requisition into the outer pouch of the bag. 13. Bring the container and requisition to the laboratory the same day.

Facility information: