

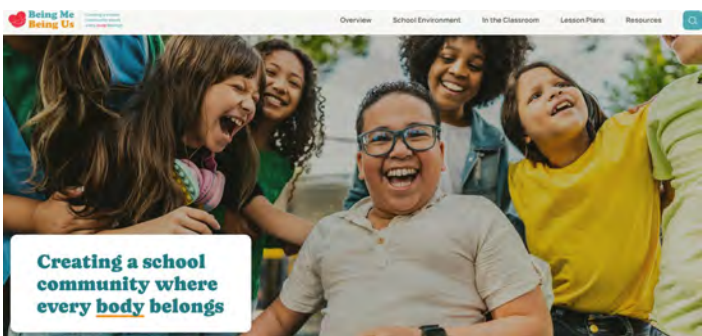
Northern Health - Healthy Communities E-Brief

September 2025

Welcome to the Healthy Communities E-Brief!

This monthly newsletter is prepared by the [Healthy Communities team](#) to help local governments and community organizations in Northern BC stay informed about resources, upcoming events, and funding opportunities that support community health and well-being.

Resources



Being Me, Being Us: Creating a school community where every body belongs

This resource will help you learn key concepts of body image, increase self-awareness by exploring beliefs and attitudes on this topic, and take action to support body image promotion in school settings.

[Learn more](#)



BC School Food Toolkit

This new website was developed to support schools in creating and maintaining healthy school food environments.

[Learn more](#)



Northern Health Healthy Communities Forum Summary Report

On May 12, 2025, 37 community leaders, policymakers, and partners gathered in Prince Rupert for the Healthy Communities Forum at the North Central Local Government Annual General Meeting and Convention. This report shares the main ideas from the event and why working together is important for improving health in Northern BC.

[Learn more](#)



Physical activity and physical literacy resources

BC's regional health authorities have created age-specific handouts that highlight Canada's 24-hour movement guidelines and the benefits of physical activity. These resources offer simple ways to add movement into daily routines and are useful for individuals, schools, and community groups.

[Learn more](#)

Events and learning opportunities

**Webinar: Community Policing and Health Partnerships
(Canadian Centre on Substance Use and Addiction)**

Multisectoral collaboration between policing, healthcare, and social services is critical to improving justice and health outcomes within communities, including substance use health. Learn how smaller municipalities are enhancing community safety and well-being through policing–healthcare partnerships.

[Register for Community Policing and Health Partnerships webinar](#)

Funding opportunities

September 2025

**Climate Change and Health
Adaptation Program
(Government of Canada)**

Deadline: September 12, 2025

**Community Climate
Transitions Innovation Fund
(Tamarack Institute)**

Deadline: September 12, 2025

**New Horizons for Seniors
Program (Government of
Canada)**

Deadline: September 17, 2025

The Climate Change and Health Adaptation Program supports First Nations and Inuit communities south of 60°N in developing community-led projects to assess and respond to climate-related health impacts.

[Learn more and apply](#)

The Community Climate Transitions Innovation Fund offers grants of \$2,000 to \$10,000 for local climate projects in Canada. Non-profits, local governments, Indigenous communities, and resident-led groups can apply.

[Learn more and apply](#)

The New Horizons for Seniors Program offers up to \$25,000 for community projects that are created and led by seniors. These projects help seniors stay connected, share their skills, and support one another through volunteer-based activities.

[Learn more and apply](#)

Local Food Infrastructure Fund - Small Scale Projects (Government of Canada)

Deadline: September 19, 2025

The Local Food Infrastructure Fund helps communities grow and access healthy, local, and culturally appropriate food. It supports food-focused projects for Indigenous and Black communities.

[Learn more and apply](#)

Active Transportation Planning program grants (Union of BC Municipalities)

Deadline: September 30, 2025

Local governments in BC with populations under 25,000 can apply for up to \$30,000 to develop active transportation plans. These plans help make communities safer and easier to navigate by cycling, walking, or using other forms of active transportation.

[Learn more and apply](#)

Food literacy grants (NutritionLink Services Society)

Deadline: September 30, 2025

NutritionLink Services Society offers grants to support food programs in BC. Non-profits and qualified groups can apply for up to \$10,000 for new projects or up to \$5,000 to grow existing ones that build nutrition knowledge and food skills.

[Learn more and apply](#)

October 2025

Enabling Accessibility Fund Youth Innovation Component (Government of Canada)

Deadline: October 6, 2025

The Enabling Accessibility Fund (EAF) is looking for dynamic youth who want to demonstrate leadership and a commitment to their communities. Through this process, youth volunteer their time to build a more accessible Canada.

[Learn more and apply](#)

Implementation projects: Adaptation in Action (Green Municipal Fund)

Deadline: October 9, 2025

Up to \$1 million in grants is available for communities ready to boost climate resilience through equity-informed, low-carbon, nature-positive projects.

[Learn more and apply](#)





November 2025

Community Gaming Grants (Government of BC)

Deadline: November 30, 2025

The Community Gaming Grants – Human and Social Services stream is now open. Eligible groups can apply for up to \$125,000 locally or \$250,000 regionally to support inclusive programs for children, youth, families, seniors, and underserved communities.

[Learn more and apply](#)

December 2025

First Nation Funding Grants (New Relationship Trust)

Deadline: December 5, 2025 or when funding is fully exhausted

These grants support First Nations in BC for a wide range of community-led projects, including youth programs, education, language revitalization, elder initiatives, and nation building.

[Learn more and apply](#)

Ongoing intake

Local Community Accessibility Grant Program (SPARC BC)

Deadline: Ongoing until March 2026

Up to \$25,000 is available for BC municipalities and regional districts to remove barriers for people with disabilities. Projects must be identified by local government Accessibility Committees or Accessibility Plans and completed by March 31, 2026.

[Learn more and apply](#)

BC Community Climate Funding Finder (Clean BC)

Deadline: Ongoing

Looking for climate action funding? Try the BC Community Climate Funding Finder to find the right grants for your project.

[Learn more and apply](#)

Community Housing Fund (BC Housing)

Deadline: Ongoing or when funding is fully committed

This fund supports the creation and operations of mixed-income rental housing for individuals, couples, families, seniors, and people with disabilities, who can live independently without on-site support services. Eligible applicants include non-profit societies, housing co-operatives, and municipal housing providers.

[Learn more and apply](#)

Homelessness Community Action Grants Program (SPARC BC)

Indigenous Stewardship Fund Climate Emergency Fund Program (Indigenous Stewart Fund and First

Education, health, and arts & humanities grants (The Molson Foundation)

Deadline: Ongoing

One-time funding is available for projects that address homelessness through planning and collaboration.

[Learn more and apply](#)

National Fisheries Council of British Columbia)**Deadline: Ongoing or when funding is fully committed**

This program provides rapid support for urgent, Indigenous-led environmental restoration projects that protect and restore salmon populations and their habitats. Applications for 2025 are now open.

[Learn more and apply](#)

Deadline: Ongoing

The Molson Foundation offers funding for projects in education, health (like youth recreation and physical activity programs), and arts and humanities.

[Learn more and apply](#)

Northern Health Stories

**The BREATHE Project: Fostering community and connection in the North**

In the wake of increasingly fast-paced changes in our climate, the impact of wildfires is being felt for longer, and to a greater extent than ever before. In our communities, the health impacts of poor air quality are a constant concern. As a result, protecting the population's health is at the forefront of several community-based initiatives focused on mitigating these risks....[continue reading](#).

**Creating space and safety for every body**

Have you ever heard or seen something that changed the way you think about a topic? I recently attended a webinar by the Association for Size Diversity and Health (ASDAH) where people living in larger bodies shared “life hacks” and tips to navigate in a world made for smaller bodies....[continue reading](#).

[See the latest stories at \[stories.northernhealth.ca\]\(https://stories.northernhealth.ca\)](#)

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Northern Health acknowledges with gratitude that our work takes place on the territories of the Tlingit, Tahltan, Nisga'a, Gitksan, Tsimshian, Haisla, Haida, Wet'suwet'en, Carrier (Dakelh), Sekani (Tse'khene), Dane-zaa, Cree, Saulteau and Dene Peoples.



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