

Northern Health - Healthy Communities E-Brief

November 2025

Welcome to the Healthy Communities E-Brief!

This monthly newsletter is prepared by the [Healthy Communities team](#) to help local governments and community organizations in Northern BC stay informed about resources, upcoming events, and funding opportunities that support community health and well-being.

Resources

Think Ahead

A Yearlong Dementia Prevention Guide
2026 Calendar



2026 Dementia prevention calendar

Support brain health all year long. Northern Health's 2026 calendar shares monthly tips and practical actions to reduce dementia risk, with QR codes linking to helpful resources and support.

[Read more](#)

Edible Adventures



Farm to School BC: Edible Adventures Guide

Bring food literacy to life in your classroom! This guide offers planning tips, checklists, and engaging activities to spark learning and build community through schoolyard stations, field trips, and in-school feasts.

[Read more](#)

BC homeless counts



Knowing who is experiencing homelessness helps communities respond better. In 2025, BC's homeless counts in 20 communities gathered important information such as age, health, and racial identity to improve services and supports for people in need.

[Read more](#)

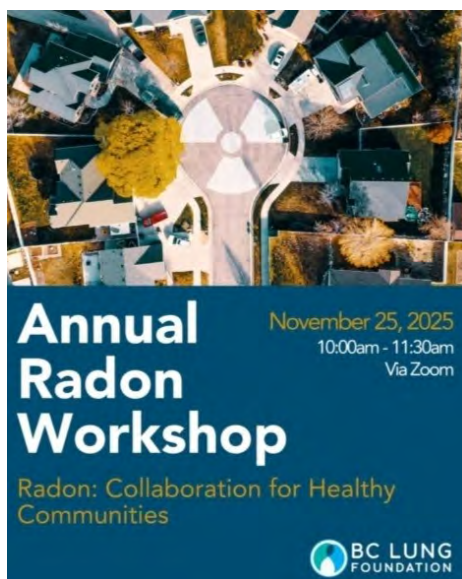
Events and learning



Planning for healthy communities November 25, 2025 10:00 to 11:30 am Pacific Time

Learn how Indigenous planning can support better health. Join experienced planners from Sanala Planning and Cwelcwelt Consulting as they share how strong planning rooted in culture and community can bring people together and improve well-being.

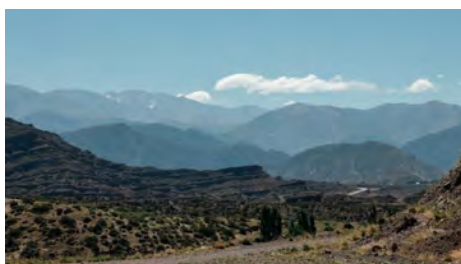
[Register for webinar](#)



Annual radon workshop November 25, 2025 10:00 to 11:30 am Pacific Time

Radon is the leading cause of lung cancer in non-smokers in BC. BC Lung's free Annual Radon Workshop shares the latest science and highlights new efforts to raise awareness and encourage testing in homes and workplaces.

[Register for workshop](#)



Building climate resilience with asset management

Climate hazards can affect vital services in every community. This free online course helps local governments learn how to prepare for flooding, drought, and extreme weather through short, self-paced modules.

[Register for course](#)

Funding

November 2025

**Vision Zero in Road Safety
Grant (Northern Health and
BC Injury Research and
Prevention Unit)**

**Community Gaming
Grants (Government of
BC)**

Deadline: November 30, 2025

Deadline: November 28, 2025

Make roads safer for people who walk, cycle, or roll. Apply for up to \$20,000 through BC's Vision Zero Grant Program, open to local governments, Indigenous communities, and organizations working to improve road safety.

[Read more and apply](#)



The Community Gaming Grants – Human and Social Services stream is now open. Groups that qualify can apply for up to \$125,000 for local programs or \$250,000 for regional programs. The funding supports inclusive programs for children, youth, families, seniors, and underserved communities.

[Read more and apply](#)

December 2025

Rural, Remote, and Indigenous Food Action Grants (Northern Health and First Nation Health Authority)

Deadline: December 19, 2025

This funding is part of a larger effort by the Province and Health Authority to strengthen food security in BC. Approximately six grants of up to \$50,000 each are available for projects that focus on food security and Indigenous food sovereignty in rural and remote communities.

[Read more and apply](#)



January 2026

TD Friends of the Environment Grant (TD Bank)

Deadline: January 15, 2026

The Foundation gives money to help with environmental projects that teach people and improve green spaces. Projects can include things like making schoolyards greener, upgrading parks, building community gardens, running nature programs, and doing citizen science activities.

[Read more and apply](#)

Ongoing intake

Local Community Accessibility Grant Program (Sparc BC)

BC Community Climate Funding Finder (Clean BC)

Community Housing Fund (BC Housing)
Deadline: Ongoing or when

Deadline: Ongoing or when funding is fully committed

Up to \$25,000 is available for municipalities and regional districts in BC to help make things easier for people with disabilities. Projects must be chosen by local government Accessibility Committees or written in Accessibility Plans. All projects must be finished by March 31, 2026.

[Read more and apply](#)

Deadline: Ongoing

Looking for climate action funding? By answering a few questions, you'll be on your way to learning which programs fit your project best. Try the BC Community Climate Funding Finder to find the right grants for your project.

[Read more and apply](#)

funding is fully committed

This fund helps build and run rental housing for people with different incomes, including individuals, couples, families, seniors, and people with disabilities, who can live on their own. Groups like non-profit organizations, housing co-ops, and city housing providers can apply for this funding.

[Read more and apply](#)

Wah-ila-toos: Clean energy initiatives in Indigenous, rural, and remote communities (Government of Canada)

Deadline: Ongoing or when funding is fully committed

The Wah-ila-toos program helps Indigenous, rural, and remote communities switch from diesel to cleaner energy. It also makes it easier for people to get support from the government and have more control over their energy choices.

[Read more and apply](#)

Indigenous Stewardship Fund Climate Emergency Fund Program (Indigenous Stewart Fund and First National Fisheries Council of British Columbia)

Deadline: Ongoing or when funding is fully committed

This program gives fast help for urgent, environmental projects led by Indigenous communities. The projects must focus on protecting and restoring salmon and their habitats.

[Read more and apply](#)

Education, health, and arts & humanities grants (The Molson Foundation)

Deadline: Ongoing

The Molson Foundation gives money to support projects in education, health (like youth sports and activity programs), and arts and humanities. You can apply if your project helps people learn, stay healthy, or enjoy arts and culture.

[Read more and apply](#)

Northern Health Stories



A dental hygienist's take on breastfeeding and oral health

It is important to know that children can develop tooth decay as soon as their first tooth erupts. Tooth decay is caused by bacteria that feed on the sugars and starches in our mouths. If the bacteria are not removed daily, they will begin to produce acid that wears away at the hard structure of our teeth called enamel. This can result in a hole in the tooth also known as tooth decay (a cavity).....[continue reading](#).

Honouring Truth and Reconciliation through traditional foods

On September 30, 27 Northern Health (NH) facilities honoured the National Day for Truth and Reconciliation by preparing special meals for lunch and supper that highlighted traditional Indigenous ingredients and teachings. Across hospitals and long-term care homes, patients and residents received thoughtfully prepared dishes that reflected the rich diversity of Indigenous food systems in Northern BC....[continue reading](#).

See the latest stories at stories.northernhealth.ca

E-Brief information

[View current and past editions](#)

[Help improve future editions](#)

Not on the E-brief mailing list? Send an email to healthycommunities@northernhealth.ca

If you have any questions about our distribution list and your privacy, please phone 250-637-1615.

Northern Health acknowledges with gratitude that our work takes place on the territories of the Tlingit, Tahltan, Nisga'a, Gitksan, Tsimshian, Haisla, Haida, Wet'suwet'en, Carrier (Dakelh), Sekani (Tse'khene), Dane-zaa, Cree, Sauteau and Dene Peoples.



northernhealth.ca
stories.northernhealth.ca



Northern Health (NH) may collect information about your interaction with this message to evaluate and improve the effectiveness of NH email communications.
[Privacy Statement | Northern Health](#)
[Unsubscribe from the NH E-Brief](#)