This monthly publication is prepared by the <u>Northern Health Healthy Settings</u> team to provide information and resources for local governments and community organizations to promote and support community health across Northern BC.

Resources (toolkits, reports, websites)

Climate change, population health, and health equity (Canadian Public Health Association)

Actions needed to prevent climate change can produce important public health and healthy equity benefits in communities that act. To support this work, partnerships are needed. Several case studies in this <u>report</u> showcase innovative work being done on public transit, active transportation, and building retrofits by local government.

Belonging, community, and climate action (Tamarack Institute) At a time of increasing social isolation and accelerating climate change, belonging has never been more important. By promoting a sense of community and belonging, we can spur climate action. At the same time, climate action helps to build and strengthen belonging. This <u>resource</u> explores the layers of interconnection between these areas, both in practical and theoretical terms.

Events and learning opportunities

Increasing affordability through municipal climate action - food security (Climate Caucus)

Date: January 15, 2024

Are you passionate about making a positive impact on your community and taking action on climate change? Are you eager to learn more about how municipalities can play a crucial role in addressing climate change while increasing affordability? Join this <u>webinar</u> to more about how food programs and policies can support the planet while tackling the affordability crisis.

Outside and risky play online workshop (Appetite to Play) Date: January 20, 2024

Are you an early childhood educator and want to learn more about physical activity and outdoor risky play for children 0-5 years old? Register for the <u>Outside and Risky Play</u> <u>Online Workshop</u>.







Building communities that create a sense of belonging (Tamarack Institute) Date: January 31, 2024

Join this <u>webinar</u> about the structures (social, physical, and relational) that create belonging. Learn about these structures and how to move from a collective basis from isolation to belonging.

Join the push-up challenge for mental health (Canadian Mental Health Association)

Dates: February 1 to 23, 2024

In February, people from across Canada will come together to challenge themselves to complete 2,000 push-ups in 23 days, to push for better mental health – for themselves, for their loved ones, for their communities, and for us all. 2,000 represents the 20 per cent of Canadians who will experience a mental illness each year. Please consider joining <u>The Push-Up Challenge</u> to raise awareness and support!

Food and physical activity online workshop (Appetite to Play) Date: February 15, 2024

Are you an early childhood educator and want to learn more about healthy eating for children 0-5 years old? Register for the Appetite to Play Food and Physical Activity Online Workshop.

Funding opportunities

Complete Communities (Union of BC Municipalities) Deadline: January 12, 2024

Apply to the <u>Complete Communities program</u> to advance identified community goals. The program supports communities in undertaking assessments to inform land use decision-making, considering housing need, supply, and location; providing transportation options including increased walkability; and making connections to infrastructure investment and servicing decisions.

National Anti-Racism Fund Event and Youth Initiative Grants (Canadian Race Relations Foundation)

Deadline: January 15, 2024

Interested in planning a community-based event (conference, workshop, festival, intercultural activities, etc.) to combat racism and discrimination? Apply to the <u>National</u> <u>Anti-Racism Fund Event and Youth Initiative Grant</u> for up to \$10,000.



Vision Zero Road Safety Grants (BC Injury Research and Prevention Unit & Northern Health)

Deadline: January 15, 2024

Apply to the <u>British Columbia Vision Zero in Road Safety Grant Program</u> to make roads safer for people who travel without a motor vehicle. Get inspired by previously funded projects by exploring the <u>Vision Zero BC webpage</u>. You may apply to one of two program streams: Stream #1 is for the design and installation of low-cost road infrastructure that improves the safety of vulnerable road users (people who walk, cycle, or roll), and Stream #2 is for Indigenous communities and governments to set and direct their own road safety priorities.

Active Communities Grant (BC Alliance for Healthy Living) Deadline: February 5, 2024

Apply for an <u>Active Community Grant</u> for up to \$50,000 to increase access to physical activity in your community. Indigenous communities and local governments are encouraged to take advantage of collaborative partnerships to strengthen their project and application.

Disaster Risk Reduction – Climate Adaptation (Union of BC Municipalities) Deadline: March 28, 2024

Apply for <u>Disaster Reduction-Climate Adaptation funding</u> to support initiatives that reduce disaster risks from natural hazards and climate-related events. First Nations and local governments are encouraged to apply.

Anti-Hate Community Support Fund (Ministry of Public Safety and Solicitor General)

Deadline: March 31, 2024

Apply to the <u>Anti-Hate Community Support Fund</u> for up to \$10,000. This fund is intended to support organizations, such as places of worship or cultural community centres, which have sustained damages to their site(s) or are seeking to enhance security measures in and around their site(s).

Climate Fund Finder (Clean BC) Deadline: Ongoing

Planning a climate action project? Need financial support? Not sure where to start? The <u>Funding Finder</u> is the tool for you. By answering a few questions, you'll be on your way to learning which programs fit your program best.



#GreenMyCity Program (Green Cities Foundation) Deadline: Ongoing

Apply for a <u>#GreenMyCity grant</u> to support the restoration and revitalization of any publicly owned land, including parks, community gardens, sports fields, playgrounds, and public open spaces. Garden clubs, associations, neighbourhood groups, service clubs, and school/youth groups are encouraged to apply.

Northern Healthy Communities Fund (Northern Development Initiative Trust) Deadline: Ongoing

Is your community nearby an LNG Canada or Coastal GasLink project? Apply for the <u>Northern Healthy Communities Fund</u> (NHCF) to help your community adjust to the economic growth expected to occur as a result of major economic development projects.

Northern Health Stories

From volunteer to career: Celebrating International Volunteer Day

For International Volunteer Day, we celebrate all the ways volunteering makes a difference in the lives of both clients and volunteers...<u>continue reading.</u>

See the latest stories at stories.northernhealth.ca.

E-Brief information

The Healthy Northern Communities <u>E-Brief</u> is produced by <u>Northern Health's regional</u> <u>Population and Preventive Public Health program</u>.

To subscribe, send a blank email to <u>healthycommunities@northernhealth.ca</u> with "subscribe" in the subject line.

To unsubscribe, send a blank email to <u>healthycommunities@northernhealth.ca</u> with "unsubscribe" in the subject line.

If you have any questions about our list and your privacy, please phone 250-637-1615.



