

Wood Smoke

Wood smoke causes a wide range of short and long-term health problems, including:

- Heart disease
- Lung disease (including lung cancer)
- Stroke
- Diabetes
- Premature birth and low birth weight
- Neurological disease



It can worsen existing health conditions and shorten life expectancy. It may also impact:

- Mental Health
- Skin aging
- Reproductive difficulties



Good news:

Even small improvements in air quality can have a large health impact!

YOUR ACTIONS HAVE IMPACT, LEARN BEFORE YOU BURN!

- Burn the right wood, the right way, in the right appliance
- Do not burn garbage
- Do not burn on days when there is an Air Quality Advisory



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For more information, please visit:
northernhealth.ca

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