

# NEED ACCESS TO A FAMILY DOCTOR OR NURSE PRACTITIONER?

AS A MÉTIS PERSON, YOU HAVE THE OPTION TO ACCESS CULTURALLY SAFE CARE THROUGH THE VIRTUAL PRIMARY AND COMMUNITY CARE CLINIC.



## NORTHERN HEALTH VIRTUAL PRIMARY AND COMMUNITY CARE CLINIC

The Virtual Clinic provides culturally-safe care to patients who need medical help after hours and wish to speak to a health care team member (doctor, nurse practitioner, or nurse) by phone or video.

### THE VIRTUAL CLINIC IS FOR PEOPLE WHO ARE PHYSICALLY LOCATED IN THE NORTHERN HEALTH REGION WHEN THEY CALL, WHO:

- Don't have a family doctor or nurse practitioner.
- Need care on weekends, after their health centre is closed.

*You're encouraged to call your family doctor or nurse practitioner first, or the urgent and primary care centre in your community.*

### WHAT YOU'LL NEED:

- Personal Health Number

### CLINIC INFORMATION:

- Call **1.844.645.7811** to book an appointment by video or phone.
- Open seven days a week, from 10am to 10pm (including holidays).

*If you need urgent medical help, please call 911 or your local emergency response service.*

For more information on this program, please visit [northernhealth.ca/virtualclinic](http://northernhealth.ca/virtualclinic).

## MÉTIS NATION BRITISH COLUMBIA MINISTRY OF HEALTH

Métis Nation BC offers support in navigating health services and resources in the North for Métis people. Please contact us!

### WHO IS ELIGIBLE?

- Services are available to Citizens of Métis Nation BC and those who self-identify, including family members who are not indigenous.

### CONTACT AT MÉTIS NATION BC:

- Call **1.604.238.1532** to speak with Northern Regional Health Coordinator, Katina Pollard.
- Services are available Monday through Friday from 8:30am to 4:30pm.

*If you or someone you know is in crisis, please call the 24 hours a day, 7 days a week Métis Crisis Line at 1.833.638.4722.*

For more information on Métis Nation BC, please visit [mnbc.ca](http://mnbc.ca).

If you have comments or concerns from your experience with the Virtual Primary and Community Care Clinic, please contact Northern Health at [NorthernHealthVirtualClinic@northernhealth.ca](mailto:NorthernHealthVirtualClinic@northernhealth.ca), or Métis Nation BC at **1.604.238.1532**.