# YOUR WELLNESS. YOUR WAY.

AS A PATIENT, YOU HAVE THE OPTION TO ACCESS THE PROGRAM OF YOUR CHOICE AND GET THE CARE **BEST SUITED FOR YOU.** 



## **NORTHERN HEALTH** VIRTUAL PRIMARY AND **COMMUNITY CARE CLINIC**

The Virtual Clinic provides culturally-safe care to patients who need medical help after hours and wish to speak to a health care team member (doctor, nurse practitioner, or nurse) by phone or video.

### THE VIRTUAL CLINIC IS FOR:

- People who live or work in a Northern community and who don't have a family doctor or nurse practitioner.
- People who need care on weekends, after their health centre is closed, or are unable to travel to receive care due to seasonal weather.

You're encouraged to call your family doctor or nurse practitioner first, or the urgent and primary care centre in your community.

### WHAT YOU'LL NEED:

Personal Health Number

**FIRST NATIONS HEALTH AUTHORITY VIRTUAL DOCTOR OF THE DAY PROGRAM** 

**Doctors in the First Nations Virtual Doctor** of the Day program are trained to follow the principles and practices of cultural safety and humility.

### WHO IS ELIGIBLE?

• Services are open to all Indigenous people in BC and their family members, including family members who are not Indigenous.

### WHAT YOU'LL NEED:

- Personal Health Number, or
- Status Card Number (optional)

### **PROGRAM INFORMATION:**

- Call 1.855.344.3800 to book an appointment by video or phone.
- · Family doctors are on call to provide culturally-safe care, seven days a week, from 8:30am to 4:30pm.

### **CLINIC INFORMATION:**

- Call 1.844.645.7811 to book an appointment by video or phone.
- Open seven days a week, from 10am to 10pm (including holidays).

For more information on this program, please visit northernhealth.ca/virtualclinic.



For more information on this program, please visit FNHA.ca/virtualdoctor.



First Nations Health Authority Health through wellness

If you need urgent medical help, please call 911 or your local emergency response service.