

# Overdose Advisory



## Issued for Smithers, BC

### For Immediate Release

December 8, 2025

Northern Health and FNHA are issuing a Drug Alert for the community of Smithers. A dark blue drug sold as “down” has been reported to be much stronger than expected and has highly sedative effects that last for extended periods of time. This is occurring whether smoked or injected.

### Be cautious when using substances and follow the safety tips below:

- Get training to prevent, recognize, and respond to an overdose; carry naloxone
- Don't use alone. Make a plan and use with a trusted person who can call for help if needed.
- If you plan to use alone, use the Lifeguard app available free on the app store or on Toward the Heart website (<https://towardtheheart.com>) or call NORS (National Overdose Response Service) **1-888-688-6677** (NORS).
- Know your tolerance. If you are sick or had a time of abstinence or reduced use, use much less.
- Don't mix drugs or mix drugs with alcohol.
- Test a small amount first and go slow.
- Use in an OPS if possible.
- Access fentanyl drug checking where available (OPS sites).
- Call 911 or your local emergency number right away if someone overdoses.

### Local supports

- **Smithers Specialized MHSU Outreach**  
**Address:** 3862 A Broadway Ave, Smithers, BC  
**Hours:** 8:30 am to 7 pm, 7 days a week  
**Phone:** 250-643-7456, contact for drug checking, sample collection and harm reduction drops.
- **Terrace Specialized MHSU Outreach**  
**Address:** 101-4450 Grieg Ave, Terrace, BC  
**Drug checking hours:** Monday, Tuesday, Thursday, Friday, 8:30 am to 4 pm  
**Sample collection hours:** 8:30 am to 8 pm, 7 days a week



**Alert in effect until:**

December 22, 2025



First Nations Health Authority  
Health through wellness



**northern health**  
the northern way of caring