



OVERDOSE ADVISORY




Recent increase in toxic drug poisonings for Prince George, BC and area

Alert expires: October 26, 2025

OVERDOSE SIGNS



Slow or NO breathing.



Choking, gurgling, or snoring sounds.



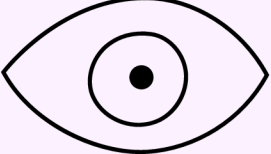
Person isn't moving. Can't be woken up.



Lips & nails may look blue or grey



Skin feels cold or clammy.



Pupils are tiny.

Prince George OPS

Prince George Needle Exchange
Address: 277 George St, Prince George
Phone: 250-645-3810
Hours: 7 days a week, 8:15 am to 12 pm, and 1:15 pm to 6:30 pm (OPS until 6:30 pm)
Nursing services: 7 days a week, 8:15 am to 12 pm, open clinic hours from 1:15 pm to 6:30 pm
Mobile Harm Reduction Supplies (wellness/outreach truck)
7 days a week, 7 pm to 11 pm

Two Doors Down
Address: 1126 3 Ave, Prince George
Hours: Tuesday to Saturday, 8 am to 1 pm; Tuesday to Friday, 5 pm to 9 pm (Sample drop off available during OPS hours)
Drug checking: Tuesday to Saturday, 12 pm to 4 p

Have a safety plan:

- ✓ Don't use alone, use with someone you trust
- ✓ If alone, use the Lifeguard or BeSafe app
- ✓ When possible avoid mixing drugs or mixing drugs with alcohol
- ✓ Carry and know how to use naloxone
- ✓ Test a small amount and go slow
- ✓ Take into account a potential decrease in tolerance and isolation due to cold weather
- ✓ **Call 9-1-1 or your local emergency number right away if someone overdoses**



First Nations Health Authority
Health through wellness



northern health
the northern way of caring