

# Overdose Advisory



## Issued for Prince George, BC

### For Immediate Release

October 12, 2025

There has been an increase in overdose events in the community of Prince George with people reporting slowed heart rate and heavy and prolonged sedation requiring more naloxone to reverse. The reported substance is being sold as “down” or “heroin”.

### Be cautious when using substances and follow the safety tips below:

- Get training to prevent, recognize, and respond to an overdose; carry naloxone.
- Don't use alone. Make a plan and tell a trusted person who can call for help if needed.
- If you plan to use alone, use the Lifeguard app available free on the app store or on Toward the Heart website (<https://towardtheheart.com>) or call NORS (National Overdose Response Service) **1-888-688-6677** (NORS).
- Know your tolerance. If you are sick or had a time of abstinence or reduced use, use much less.
- Don't mix drugs or mix drugs with alcohol.
- Test a small amount first and go slow.
- Use in an OPS if possible (see Prince George locations listed below).
- Access fentanyl drug checking where available (OPS sites).
- Call 911 or your local emergency number right away if someone overdoses.

### Local overdose prevention sites (OPS)

#### Prince George Needle Exchange

Address: 277 George St, Prince George

Phone: 250-645-3810

7 days a week 8:15 am to 12 pm, and 1:15 pm to 6:30 pm (OPS until 6:30 pm)

**Nursing services:** 7 days a week, 8:15 am to 12 pm, open clinic hours from 1:15 to 6:30 pm

**Mobile harm reduction supplies** (wellness/outreach truck) 7 days a week, 7 pm to 11 pm

#### Two Doors Down

**Address:** 1126 3<sup>rd</sup> Ave, Prince George

Tuesday to Saturday, 8 am to 1 pm; Tuesday to Friday, 5 pm to 9 pm

(Sample drop off available during OPS hours)

**Drug checking:** Tuesday to Saturday, 12 pm to 4 pm



**Alert in effect until:**

October 26, 2025



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