

| Sublingual | | | Injectable | | |
|-------------------------------------|------|-------------|-------------------|-----------------|------------|
| atropine eye drops (sublingual use) | 1% | 5 mL bottle | atropine | 0.6 mg/mL, 1 mL | 15 ampules |
| LORazepam sublingual | 1 mg | 20 tablets | dexamethasone | 10 mg/mL, 10 mL | 1 ampule |
| | | | haloperidol | 5 mg/mL, 1 mL | 10 ampules |
| | | | HYDROmorphine | 10 mg/mL, 1 mL | 20 ampules |
| | | | methotrimeprazine | 25 mg/mL, 1 mL | 10 ampules |
| | | | metoclopramide | 5 mg/mL, 2 mL | 10 ampules |
| | | | midazolam | 5 mg/mL, 2 mL | 5 ampules |
| | | | morphine | 10 mg/mL, 1 mL | 10 ampules |

Suggested nursing supplies (may vary slightly in each community):

- SQ butterflies (4)
- 2x2 gauze (4)
- Paper tape (2)
- Tegaderm (4)
- Gloves (2 pair)
- Alcohol swabs (30)
- Injection site valve (4)
- Med labels (20)
- 1 mL syringe with 5/8" 25 g needle (8)
- Needleless med prep cannula (4)
- 3 mL syringe (4)
- 5 mL syringe (4)
- 21 g 1.5" needles (4)
- 25 g 5/8" needles (4)
- Syringe tip caps (10)
- Sodium chloride 10 mL ampule (4)
- 10-513-7007 Symptom Management Kit Medication Log
- Palliative Care Symptom Guidelines 2nd Edition
- Laminated help line phone number
- Pain scale
- Evaluation form
- Sharps container
- Nursing cards
- Calculator

For initial treatment suggestions please refer to the:

NH Palliative Care Symptom Guidelines 2nd Edition

(northernhealth.ca > iPortal > Clinical Resources > Palliative Care > Pain & Symptom Management)

