



Northern Health Palliative Care

B.C. Inter-professional Palliative Symptom Management Guidelines

HOT TIP
January
2018

Northern Health is proud to announce the new B.C. Inter-professional Palliative Symptom Management Guidelines which can be accessed in a variety of formats — on mobile devices, desktops, laptops and in print. Internet is not required.

Please click the link to the December 14, 2017, NH [Policy Rounds](#)

BACKGROUND

- From 2006 - 2012 Fraser Health Hospice Palliative Care Program Symptom Management Guidelines. These were adapted and adopted in Northern Health.
- Project purpose was to create a provincial set of palliative symptom management best practice guidelines which are endorsed by each health authority in B.C.
- Fifteen symptoms were reviewed and included in the new guidelines. Symptoms common to many illnesses experienced in advanced illness and patient populations.
- Guidelines to be used in all care settings - residential care; home and community; rural and remote; and urban.

In NHA

- New Clinical Practice Standard: Access existing guidelines for symptoms which are not addressed in the new provincial guidelines, use the provincial guidelines to manage symptoms with palliative clients.