



Northern Health Palliative Care

Updated Pain and Dyspnea Guidelines

The BC Centre for Palliative Care updated the [Pain](#) and [Dyspnea](#) sections of their [Symptom Management Guidelines](#) in October and November, 2025.

Please replace any printed copies of the BC Inter-Professional Palliative Symptom Management Guidelines with the revised Pain and Dyspnea sections.

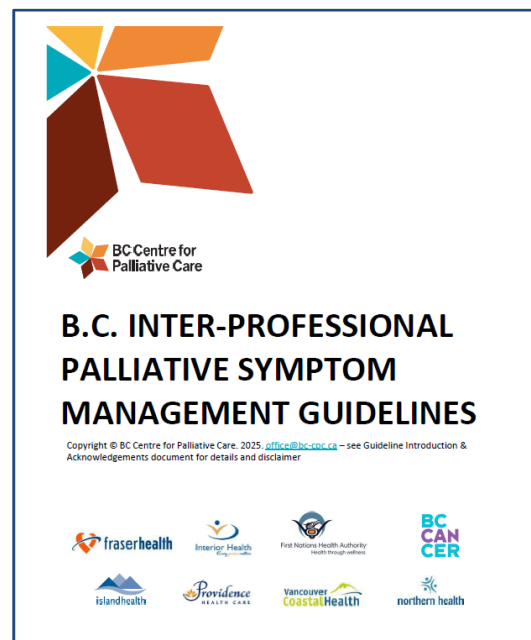
New and revised:

DYSPNEA

PAIN

*Updated November
2025*

Updated October 2025



Note:

For fentanyl patch, methadone, or sufentanil guidance, continue to use the [NH Palliative Care Program Symptom Guidelines](#).

For assistance with managing palliative symptoms, contact the Northern Health Palliative Care Consultation Team:

✉ Palliative.Care.Consult.Team@northernhealth.ca,

☎ 250-645-3791

📄 updated [Palliative Care Consultation referral form](#)