

New symptom management guidelines are available from the BC Centre for Palliative Care: Opioid Prescribing and Management in Palliative Care, released January 2025.

INTRODUCTION & ACKNOWLEDGEMENTS	ANOREXIA	CONSTIPATION	COUGH	DEHYDRATION
DELIRIUM	DYSPHAGIA	DYSPNEA	FATIGUE	HICCOUGHS
NAUSEA & VOMITING	NURTURING PSYCHOSOCIAL AND SPRITUAL WELL-BEING	OPIOID PRESCRIBING AND MANAGEMENT IN PALLIATIVE CARE	OTHER SYMPTOMS	PAIN
PRURITUS	REFRACTORY SYMPTOMS AND PALLIATIVE SEDATION	RESPIRATORY CONGESTION	SEVERE BLEEDING	TWITCHING/ MYOCLONUS/ SEIZURES

## Highlights include:

- ☑ Opioid risk assessment, including screening tool and example of opioid treatment agreement
- ☑ Managing opioid adverse effects, including administering naloxone in a palliative context
- ☑ Steps for titrating and rotating opioids
- ☑ Fentanyl transdermal patch considerations and how to initiate
- ☑ Guidance for safe prescribing in people with opioid use disorder (OUD)

For assistance with opioid prescribing or managing complex palliative symptoms, contact the Northern Health Palliative Care Consultation Team at <a href="mailto:Palliative.Care.Consult.Team@northernhealth.ca">Palliative.Care.Consult.Team@northernhealth.ca</a> or call the consultation line at 250-645-3791

BC Centre for Palliative Care (2019). B.C. Inter-professional palliative symptom management guidelines.

