### More information:

- Nurse and Nurse Practitioners of BC https://www.nnpbc.com/
- British Columbia College of Nursing Professionals website: <u>www.bccnp.ca</u>







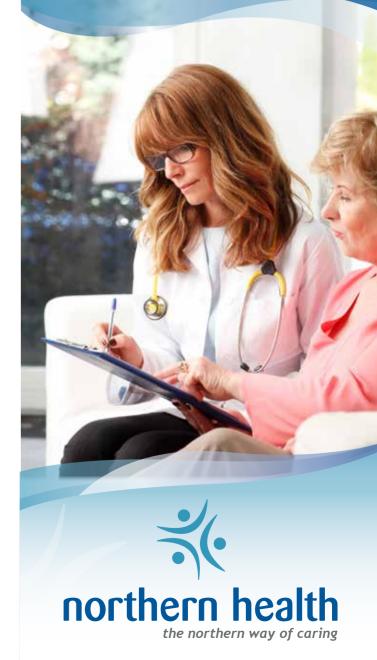




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11-300-6015 (IND 08/18)

### Nurse Practitioners: Partnering With You For Your Health



#### What is a Nurse Practitioner?

Nurse practitioners (NPs) are licenced health professionals that provide quality, accessible primary health care and specialty services in Northern Health.

NPs have been practicing in the province as health care providers, leaders, and researchers since 2005.

## Nurse Practitioners as Primary Care Providers

Nurse practitioners provide person and family-centred primary health care. NPs work collaboratively with you and other health professionals, including members of interprofessional teams in Northern Health. NP practice emphasizes both care and cure, to not only restore your health, but also to improve it. NPs take a whole person approach to meeting your physical and psychological health care needs.

#### **NPs in Northern Health:**

- Perform complete and focused physical and psychological health exams
- Order blood, imaging and other tests and interpret results
- Diagnose and treat acute and chronic physical and psychological diseases and conditions
- Prescribe and monitor medications and treatments
- Refer to a specialist and other care
- Screen for chronic disease
- Provide wellness care/health promotion
- Provide health education and counselling
- Complete medical forms

### Where do NPs practice in Northern Health?

NPs in Northern Health practice in the following places:

- · Primary health care clinics
- · Family practice offices
- Specialty clinics
- · Long term care facilities
- First nations communities and clinics
- Outreach programs
- School clinics
- · Hospital outpatient settings
- BC Cancer Centre for the North



# What are the education requirements for NPs?

Nurse practitioners must have a graduate level of education (masters or PhD), complete provincial exams, and take ongoing education.

NPs in BC are licenced in one of three streams of care: family (care for patients from cradle to grave), adult, and pediatric (children and youth).

