

January 27, 2022

Dear Superintendents of Public School Districts and Independent School Authorities;

RE: Northern BC Healthy K to 12 Schools Newsletter

Schools in Northern BC have been significantly impacted by COVID-19 over the past two years. This has raised a lot of questions and concerns for parents/guardians, school staff, and school administration. Over this challenging time, Northern Health (NH) Public Health has worked closely with principals and superintendents of public school districts and independent school authorities, which has helped to strengthen relationships between the health authority and the broader school community in the North.

With this in mind, NH is establishing a new communication pathway for kindergarten to grade 12 (K-12) schools called the *Northern BC Healthy K to 12 Schools Newsletter*, applicable for all Northern BC schools, students, and their families. This newsletter will help to promote healthy schools and offer information and resources about a variety of health topics. The goals of the newsletter are to:

- Develop a clear pathway of communication to provide regular school health information to schools and parents across Northern BC
- Highlight other health information that is important for K to 12 school-age children and youth and their families
- Continue to strengthen communication between NH and Northern BC schools

Our aim is to publish two issues each school year for Autumn/Winter and Spring/Summer. It is best viewed in electronic format as there are web links built into the document. Though, schools are welcome to print copies as desired, since there are QR codes built in to increase accessibility to the information and resources.

We value your continued engagement and partnership to improve the health status of children and youth in Northern BC. If you have any questions, concerns, and ideas for future topics for the newsletter, email <u>HealthySchools@northernhealth.ca</u>.

Yours truly,

Dr. Jong Kim, MD MSc FRCPC Chief Medical Health Officer Northern Health Dr. Rakel Kling, MD MSc MPH FRCPC Medical Health Officer, Northern Interior Northern Health Dr. Raina Fumerton, MD MPH FRCPC Medical Health Officer, Northwest and A/Northeast Northern Health Dr. Trevor Corneil, MD FRCPC Medical Health Officer Northern Health