



# TOXIC DRUG ALERT



First Nations Health Authority  
Health through wellness

## for Prince Rupert, BC

Alert expires: November 13, 2024



northern health  
the northern way of caring

### Drug's characteristics

#### SUBSTANCE(S):

Sold as down, overdoses occurring when smoked.

#### RESPONSES:

Requiring many doses of naloxone.



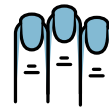
### Overdose signs



Slow or  
NO breathing



Lips are blue



Nails are blue



Choking, gurgling, or  
snoring sounds



Person is not moving  
Can't be woken up



Skin feels cold  
or clammy



Pupils are tiny

#### Prince Rupert Specialized MHSU Outreach

**Hours:** 7 days/week, 8:30 am – 7:00 pm

**Phone:** 778-884-0262, contact for drug checking, sample collection and harm reduction drops.

Harm reduction supplies, including naloxone, are available at the Prince Rupert Health Unit, Monday-Friday, 8:30 am – 4:30 pm. Naloxone kits are available in the wellness machine located at the Prince Rupert Hospital.

#### Have a Safety Plan

- Don't use alone, use with a trusted friend
- If alone, use the Lifeguard or BeSafe app
- When possible avoid mixing drugs or mixing drugs with alcohol
- Carry and know how to use naloxone
- Test a small amount and go slow
- **Take into account potential decreased tolerance and isolation due to cold weather**
- **Call 9-1-1 or your local emergency number right away if someone overdoses**