Toxic Drug Alert



Issued for Prince George, BC

For Immediate Release January 10, 2024

There has been an increase in overdoses in **Prince George.** Overdoses have been linked to injecting and smoking unknown substances requiring a higher number of Naloxone dosages to reverse. With colder temperatures, the risk of overdose can increase due to isolation and decreased tolerance due to the impacts of cold weather on the body. Identify safe locations to use, such as a local OPS or with a friend.

A warming shelter can be found at:

House of Friendship – 138 George Street from 7 am until midnight BC Schizophrenia Society – 1131 6th Ave from 9 am – 6 pm Tuesday to Friday Additional shelter information can be found on the second page of this release.

Take care, drugs move throughout the north, please share this alert widely.

We have included safety recommendations below.

For your safety

- Get overdose prevention, recognition, and response training; carry naloxone
- Try not to use alone. Make a plan and tell a buddy who can call for help if needed
- If you plan to use alone, use the Lifeguard or BeSafe app available free on the app store or on Toward the Heart website (https://towardtheheart.com)
- Know your tolerance. If you are sick or had a time of abstinence or reduced use, use much less
- When possible, avoid mixing drugs or mixing drugs with alcohol
- Test a small amount first, start low and go slow
- Use in an Overdose Prevention Site (OPS) if possible (see Prince George locations listed below)
- Get your drugs checked at Two Doors Down (Hours: 4 days a week, 1:00pm to 9:00pm Wednesday through Saturday (closed Sundays, Mondays, and Tuesdays).
- Call 911 or your local emergency number right away if someone overdoses

Local Overdose Prevention Sites (OPS)

Two Doors Down 1126 3rd Ave Prince George BC **Hours:** Wednesday – Saturday, 5 pm to 9 pm



Northern Health Needle Exchange & Harm Reduction Clinic (OPS/APP) 277 George St, Prince George, BC. **Hours:** Monday – Saturday, 1 pm to 6 pm





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BC Schizophrenia Society – 1131 6th Ave from 9 am – 6 pm Tuesday to Friday

Prince George Public Library - 888 Canada Games Way, open at 10 am Monday to Saturday

An overnight shelter can be found at:

Active Support Against Poverty – 11866 6th Ave. - 30 beds, 250-563-6112

Association Advocating for Women and Community – 144 George Street, 30 beds, 250-562-6262

Prince George Native Friendship Centre – 140 George Street, 21 beds (19+ males), 250-563-1982

Prince George Native Friendship Centre – 1151 2nd Avenue, 30 beds (all clients 19+), 250-563-0895