

Overdose Advisory



Issued for Terrace, BC

For Immediate Release

April 23, 2025

There has been an increase in overdose events in the community of Terrace, linked to purple and blue drugs. Overdoses are occurring when these drugs are smoked and injected.

For your safety

- Get training to prevent, recognize, and respond to an overdose; carry naloxone.
- Avoid using drugs alone. Make a plan and tell someone you trust who can call for help if needed.
- If you plan to use alone, use the Lifeguard app available free on the app store or on Toward the Heart website (<https://towardtheheart.com>), or call the National Overdose Response Service **1-888-688-6677** (NORS).
- Know your tolerance. If you are sick or had a time of abstinence or reduced use, use much less.
- Don't mix drugs or mix drugs with alcohol.
- Test a small amount first, start low and go slow.
- Get your drugs checked.
- Use the local Overdose Prevention Site (OPS).
- Call 911 or your local emergency number right away if someone overdoses.

Local overdose prevention sites (OPS)

Terrace Specialized MHSU Outreach Team (formerly ICMT)

Address: 101-4450 Greig Ave, Terrace (Stepping Stones building)

Phone: [250-631-4647](tel:250-631-4647)

OPS hours: Monday to Friday, 12 pm to 4 pm (excluding holidays)

Drug Checking: 7 days a week, 8:30 am to 7:30 pm

Call the team outside these hours to check for availability as required.



Alert Expires

May 7, 2025