

# Toxic Drug Alert

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## Issued for Fort St. John, BC

### For Immediate Release

August 21/2025

There has been an increase in overdose events in the community of Fort St John, with people reporting heavy and prolonged sedation, and requiring more naloxone to reverse. Overdoses are happening when the substance is smoked and/or injected.

### Be cautious when using substances and follow the safety tips below:

- Get training to prevent, recognize, and respond to an overdose; carry naloxone
- Don't use alone. Make a plan and tell someone you trust who can call for help if needed
- If you plan to use alone, use the Lifeguard or BeSafe app available free on the app store or on Toward the Heart website (<https://towardtheheart.com>)
- Know your tolerance. If you are sick or had a time of abstinence or reduced use, use much less
- Don't mix drugs or mix drugs with alcohol
- Test a small amount first and go slow
- Use in an OPS if possible (see locations listed below)
- Access fentanyl drug checking where available (OPS sites)
- Call 911 or your local emergency number right away if someone overdoses

### Local overdose prevention sites (OPS)

#### Fort St. John OPS

9907 98th St, Fort St. John, BC (back parking area)

Hours: Monday to Friday, 9 am to 4 pm



### Alert expires:

September 4, 2025