

# COVERDOSE ADVISORY



## Recent increase in toxic drug poisonings for FORT ST. JOHN, BC and area

Alert expires: 09/04/2025

## **OVERDOSE SIGNS**



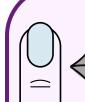
Slow or NO breathing.



Choking, gurgling, or snoring sounds.



Person isn't moving. Can't be woken up.



Lips & nails may look blue or grey



Skin feels cold or clammy.



Pupils are tiny.

### **Community Name OPS**

Location name: Fort St. John OPS

Address: 9907 98th St, Fort St. John, BC

(back parking area)

Hours: Monday to Friday, 9 am to 4 pm

#### Have a safety plan:

- On't use alone, use with someone you trust
- If alone, use the Lifeguard or BeSafe app
- When possible avoid mixing drugs or mixing drugs with alcohol
- Carry and know how to use naloxone
- Test a small amount and go slow
- Take into account a potential decrease in tolerance and isolation due to cold weather
- Call 9-1-1 or your local emergency number right away if someone overdoses



