

Toxic Drug Alert



Issued for Terrace, BC

For Immediate Release March 20, 2024

There has been an increase in drug poisoning/overdose events in **Terrace**. Overdoses have been linked to smoking a purple substance sold as “down” causing prolonged sedation and requiring many doses of Naloxone to reverse.

Take care, drugs move throughout the north, please share this alert widely.

We have included safety recommendations below.

For your safety

- Get overdose prevention, recognition, and response training; carry naloxone.
- Try not to use alone.
- Make a plan and tell a buddy who can call for help if needed.
- If you plan to use alone, use the Lifeguard or Be Safe app available free on the app store or on Toward the Heart website (<https://towardtheheart.com>) or call National Overdose Response Service (NORS) 1-888-688-6677
- Know your tolerance. If you are sick or had a time of abstinence or reduced use, use much less.
- When possible, avoid mixing drugs or mixing drugs with alcohol.
- Test a small amount first, start low and go slow.
- Use in an Overdose Prevention Site (OPS) if possible (see Terrace location listed below)

Get your drugs checked with the Terrace Specialized Mental Health and Substance Use Team (formerly ICMT)

Address: Stepping Stones Building, 101-4450 Greig Ave

Hours: drop off samples for FTIR analysis seven days/week between 8:30 am – 8 pm.

Local Overdose Prevention Sites (OPS)

Terrace Specialized Mental Health and Substance Use Outreach Team

Address: 101-4450 Greig Ave, Terrace, BC (Stepping Stones Building)

Phone: [250-631-4647](tel:250-631-4647)

Monday to Friday, 12 pm to 4 pm (excluding holidays). Episodic Overdose Prevention Services available between 8:30 am – 8 pm, seven days per week, as staffing allows.



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