



TOXIC DRUG ALERT



First Nations Health Authority
Health through wellness

for Terrace, BC

Alert expires: April 3, 2024



northern health
the northern way of caring

Drug's characteristics:

SUBSTANCES:

Consumed through smoking and sold as "down".

COLOURS:



Purple

RESPONSES:



Prolonged sedation and requiring many doses of naloxone.

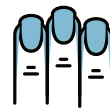
Overdose signs



Slow or
NO breathing



Lips are blue



Nails are blue



Choking, gurgling, or
snoring sounds



Person is not moving
Can't be woken up



Skin feels cold
or clammy



Pupils are tiny

Terrace OPS locations:

Terrace Specialized Mental Health and Substance Use Outreach Team

101-4450 Greig Ave, Terrace, BC (Stepping Stones Building)

Phone: 250-631-4647

Monday to Friday from 12 pm to 4 pm (excluding holidays).

Episodic Overdose Prevention Services

available between from 8:30 am – 8 pm, seven days per week, as staffing allows.

Have a Safety Plan

- Don't use alone
- If alone, use the Lifeguard or BeSafe app
- When possible avoid mixing drugs or mixing drugs with alcohol
- Carry and know how to use naloxone
- Test a small amount and go slow
- Take into account potential decreased tolerance and isolation due to cold weather
- **Call 9-1-1 or your local emergency number right away if someone overdoses**