

## Salad Bar Kit Loan Program

Try a salad bar program! Borrow a **free** Northern Health salad bar equipment kit, for up to one year. Kits include:

- plastic table top salad bar and plexiglass sneeze guard
- stainless steel inserts and food warmer
- · salad bowls, utensils, and salad dressing bottles







a fun, hands-on way to promote healthy eating.

"A salad bar is

Kids get to see, touch, and taste a variety of foods - you can see the excitement on their faces!

The whole community believes in this program."

Silverthorne Elementary, Houston BC

To borrow a kit or learn more about starting a salad bar program, contact a Northern Health Population Health Dietitian at: PopHthNutrition@NorthernHealth.ca or 250-631-4265

