February 3, 2021

Sections
COVID-19 .............................................................................................................................. 1
Overdose prevention and response ...................................................................................... 3
Other Northern Health news .................................................................................................. 3

COVID-19

COVID-19 case counts and statements
As of February 2, 3,524 cases have been reported in the NH region since the beginning of the pandemic.
- Cases currently active: 387
- New cases: 35
- Currently in hospital: 34
  - Currently admitted to HAU/ICU in hospital: 14
- Deaths in the NH region since the beginning of the pandemic: 80

For the latest provincial numbers, see the BC COVID-19 dashboard, which is updated Monday-Friday. The dashboard may not work in all browsers; Chrome is suggested.
- Joint statement on Province of B.C.’s COVID-19 response – February 2, 2021
- BCCDC Situation Report – February 3, 2021

Get the facts about COVID-19 vaccines: New Northern Health poster
Do the COVID-19 vaccines contain human or animal cells? Can you still spread COVID-19 if you’ve been vaccinated?

Get the answers to these and 7 other common vaccine questions on the new “Facts about COVID-19 vaccines” 11 x 17” poster on Northern Health’s COVID-19 vaccine plan page – feel free to share!
Vaccines administered in Mackenzie, McLeod Lake, Chetwynd, and Tumbler Ridge

See stories and photos from Northern vaccine clinics in these recent Facebook posts:

- Mackenzie and District Hospital, and McLeod Lake
- Chetwynd General Hospital
- Tumbler Ridge Community Health Centre

Even with the COVID-19 vaccines, we still need to follow all the orders and guidelines for public health and safety. This will help keep us all safe.

For more information on COVID-19 vaccines:

- Northern Health’s vaccine plan page lists communities where vaccine clinics have been held, and which ones are on the slate for the current week.
- For immunization numbers, see “Vaccine supply and administered” on the provincial dashboard (works best in Chrome).
- Follow Northern Health on social media, where we share the most up-to-date information on vaccine clinics, outbreaks, new provincial orders, and more:
  - Facebook
  - Twitter
  - Spread the good news! Like and share this Facebook post, which provides general info on COVID-19 vaccines throughout the North: COVID-19 vaccine arrives in Prince George
- For local vaccine information for your community, check out the Northern Health Facebook community groups.

Trusted links and resources for COVID-19

- Coronavirus (COVID-19): A Northern Health Guide for Your Community
- BC Centre for Disease Control
- HealthLink BC COVID-19 page
- WHO FAQ
- Health Canada FAQ
- COVID-19 content in other languages
- WorkSafe BC - COVID-19 information and resources
- Northern Health COVID-19 Online Clinic & Information Line: 1-844-645-7811
- Northern Health Environmental Health Officer Line: 1-250-565-7322
- For non-medical info, call 1-888-COVID19 / 1-888-268-4319 7 days, 7:30 am - 8 pm

For current information on restrictions on travel, gatherings and other issues, see the Provincial Health Officer’s COVID-19 webpage.
**Overdose prevention and response**

**Naloxone saves lives**

Having naloxone available at the scene of an opioid overdose is crucial to saving that person’s life. To get a kit, visit the site locator at [Toward the Heart](#) or call your local health unit.

When using naloxone outdoors in the winter cold, be aware that naloxone liquid can freeze in the metal needle and clog it, causing a blockage. To prevent this, draw up the naloxone right before you use it.

**Other Northern Health news**

**Embrace winter! Take part in Winter Health & Fitness Week, February 1 - 7**

The organizers of the annual [National Health and Fitness Day](#) have decided to host a week-long, winter-themed follow-up from **Feb. 1 to 7, 2021**. There will be a photo challenge and an easy-to-follow schedule for daily workouts.

We’d love to see the many ways you are getting out and celebrating winter! Send your photos to [healthpromotions@northernhealth.ca](mailto:healthpromotions@northernhealth.ca) for a chance to be featured on NH social media channels!