Medical Orders for Scope of Treatment (MOST)

What’s happening?
The MOST form and policy will support patient-centered care planning and align with consent and substitute decision making legislation.

What are the changes?
• Physicians are to use the MOST form for all new level of intervention discussions with clients by 30 September 2014.
• MOST form replaces the current Advance Directive: Physician Order for Level of Intervention & Resuscitation form used in all Residential Care facilities.
• All new residential care admissions will require the completed MOST form if appropriate.
• Current residential care residents will require the completed MOST form at the annual care conference.
• MOST form is valid for 12 months if there are no transition points or other changes.

What does the MOST form include?
• **Section 1:** CPR and DNR options
• **Section 2:** M1, M2, M3, C0, C1, C2
• **Section 3:** Specific interventions by patient (blood products, dialysis, enteral nutrition, non-invasive ventilation, and other directions and status of DNR during surgery)
• **Section 4:** Patient/Representative/Substitute Decision Maker details, supporting documents

How to obtain the MOST form?
• Available through Document Source (Order # 10-111-5171)
• Available on MOIS – Download from AIHS user forum
• Available on iPortal – Clinical Resources > Palliative Care > Resources http://iportal.northernhealth.ca/clinicalresources/palliativecare/Pages/Resources.aspx
• Available on www.northernhealth.ca - Your Health > Advance Care Planning http://northernhealth.ca/YourHealth/AdvanceCarePlanning.aspx
• Available on www.northernhealth.ca - Professionals > Palliative Care / End of Life Care http://www.northernhealth.ca/Professionals/PalliativeCareEndofLifeCare.aspx

How do physicians and staff get ready?
• Read the MOST policy on https://ournh.northernhealth.ca/PoliciesProcedures
• Complete the MOST online module (30 minutes) on https://ournh.northernhealth.ca/PoliciesProcedures/Pages/Clinical-Teaching-Tools

Questions?

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