

HEALTH CARE OPTIONS FOR WILDFIRE EVACUEES (PRINCE GEORGE)

If you have been displaced due to wildfire activity and evacuated to Prince George, the following health care resources and supports are available to help you navigate this difficult time.

Prescriptions and Pharmacist support

B.C. residents can book an appointment to see a pharmacist for 21 minor ailments and prescription contraceptives. This service is free to every B.C. resident with a Personal Health Number (found on your BC Services Card), when provided in person, in a pharmacy.

There are two simple steps before booking:

- 1. Use the self-assessment checklist to check your symptom(s).
- If your symptoms match one of the minor ailments, or if you want to discuss contraception, use the provincial online booking system to make an appointment.

If you have been displaced by an evacuation, you can also visit a pharmacy near you to access an emergency supply of medications you may need. The College of Pharmacists of BC <u>Find a Pharmacy</u> tool can help you locate a pharmacy in the community where you are staying.



Primary care & walk-in clinics

Prince George Urgent and Primary Care Centre

143, 1600-15th Avenue (Parkwood Place)

Hours: Mon - Wed: 4 pm - 9 pm

Thurs - Fri: 1 pm - 9 pm Sat: 9 am - 7 pm

Sun/holidays: 10 am - 7 pm

Phone: 250-645-6900 or 250-645-6912 (to make a

virtual appointment only)

Salveo Medical Clinic

2155 Ferry Ave (inside Real Canadian Superstore)

Hours: Mon - Fri: 8 am - 4 pm Sat: 9 am - 3 pm (closed Sunday)

Phone: 250-645-3810

Access a family doctor or nurse practitioner 1-844-645-7811

Northern BC residents can contact the NH Virtual Primary and Community Care Clinic at 1-844-645-7811 to access a family doctor or nurse practitioner 10 am - 10 pm daily PST (including weekends and statutory holidays).

Visit: **northernhealth.ca/virtualclinic** or scan the QR code with your phone.



Access FNHA Doctor of the Day at 1-855-344-3800

The First Nations Virtual Doctor of the Day program enables Indigenous people and their family members living in BC with limited or no access to their own doctors to make virtual appointments. Contact the FNHA First Nations Virtual Doctor of the Day at 1-855-344-3800 to book a virtual doctor's appointment, seven days per week, 8:30 am - 4:30 pm PST.

Visit: fnha.ca/what-we-do/ehealth/ virtual-doctor-of-the-day or scan the QR code with your phone.



NOT SURE? CALL 8-1-1

Patients who aren't sure whether their condition would warrant an emergency room visit, or who need less urgent health advice can call HealthLink BC at 8-1-1, or visit HealthLinkBC.ca for non-emergency health information from nurses, dietitians, and pharmacists 24 hours a day, seven days per week.

Visit: healthlinkbc.ca/healthservices or scan the QR code with your phone.



EMERGENCY CALL 9-1-1

People in the community who need life-threatening emergency care (i.e. chest pains, difficulty breathing, or severe bleeding) should always call **9-1-1**. This is because our partners in patient transfer, as well as nearby NH facilities and services, are always notified of both planned and unexpected service interruptions, so we can ensure patients are transported to the nearest available and appropriate facility for their care needs.

University Hospital of Northern BC (UHNBC) 1475 Edmonton Street







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Mental health supports are available:

310-Mental Health: Call **310-6789** (no area code needed) toll-free anywhere in BC to access emotional support, information and resources specific to mental health and substance use issues. Available 24 hours a day.

The Northern Health Virtual Primary and Community Care Clinic also provides support for mental health and substance use: (1-844-645-7811)

Foundry BC

Mental health, substance use, and medical services for youth aged 12-24 1148 7th Ave, Prince George BC, V2L 5G6

Phone: 236-423-1571

Hours: Monday - Friday: 11 am - 5 pm

Northern BC Crisis Line:1-888-562-1214 Visit: **crisis-centre.ca** or scan the QR to the right



Overdose prevention services are available in Prince George:

Prince George Harm Reduction Clinic HIV/AIDS Prevention Program (needle exchange) 277 George St., Prince George

Overdose Prevention services hours:

- Monday Saturday: 9 am 11:30 am and 1:15 pm 6:30 pm
- Sunday 9 am to 1 pm by request, open 1 pm to 6 pm.

Phone: 250-645-3810

Nursing services:

Monday to Saturday, 9 am to 11:30 am and 1:15 pm to 6:15 pm

Harm reduction supplies and locations:

Toward the Heart - use this resource to find local harm reduction sites nearest you.

Visit: **towardtheheart.com/site-finder** or scan the QR code with your phone.



Mobile Harm Reduction Supplies (the Wellness Truck)

Monday - Saturday: 7 pm - 11:30 pm

Phone: 250-960-9777



