



# HEALTH CARE OPTIONS FOR WILDFIRE EVACUEES (FORT ST JOHN)

If you have been displaced due to wildfire activity and evacuated to Fort St. John, the following health care resources and supports are available to help you navigate this difficult time.

## Prescriptions and Pharmacist support

B.C. residents can book an appointment to see a pharmacist for 21 minor ailments and prescription contraceptives. This service is free to every B.C. resident with a Personal Health Number (found on your BC Services Card), when provided in person, in a pharmacy.

### There are two simple steps before booking:

1. Use the self-assessment checklist to check your symptom(s).
2. If your symptoms match one of the minor ailments, or if you want to discuss contraception, use the provincial online booking system to make an appointment.

If you have been displaced by an evacuation, you can also visit a pharmacy near you to access an emergency supply of medications you may need. The College of Pharmacists of BC [Find a Pharmacy](#) tool can help you locate a pharmacy in the community where you are staying.



## Access a family doctor or nurse practitioner 1-844-645-7811

**Northern BC residents can contact the NH Virtual Primary and Community Care Clinic at 1-844-645-7811** to access a family doctor or nurse practitioner 10 am to 10 pm daily PST (including weekends and statutory holidays).

Visit: [northernhealth.ca/virtualclinic](http://northernhealth.ca/virtualclinic) or scan the QR code with your phone.



## Access FNHA Doctor of the Day at 1-855-344-3800

**The First Nations Virtual Doctor of the Day program enables Indigenous people and their family members living in BC with limited or no access to their own doctors to make virtual appointments. Contact the FNHA First Nations Virtual Doctor of the Day at 1-855-344-3800** to book a virtual doctor's appointment, seven days per week, 8:30 am to 4:30 pm PST

Visit: [fnha.ca/what-we-do/ehealth/virtual-doctor-of-the-day](http://fnha.ca/what-we-do/ehealth/virtual-doctor-of-the-day) or scan the QR code with your phone.



## NOT SURE? CALL 8-1-1

Patients who aren't sure whether their condition would warrant an emergency room visit, or who need less urgent health advice can call HealthLink BC at 8-1-1, or visit [HealthLinkBC.ca](http://HealthLinkBC.ca) for non-emergency health information from nurses, dietitians, and pharmacists 24 hours a day, seven days per week.

Visit: [healthlinkbc.ca/health-services](http://healthlinkbc.ca/health-services) or scan the QR code with your phone.



## EMERGENCY CALL 9-1-1

People in the community who need life-threatening emergency care (i.e. chest pains, difficulty breathing, or severe bleeding) should always call **9-1-1**. This is because our partners in patient transfer, as well as nearby NH facilities and services, are always notified of both planned and unexpected service interruptions, so we can ensure patients are transported to the nearest available and appropriate facility for their care needs.

**Fort St. John Hospital**  
8407-112th Ave



# HEALTH CARE OPTIONS FOR WILDFIRE EVACUEES (FORT ST JOHN)

## Mental health supports are available:

**310-Mental Health:** Call **310-6789** (no area code needed) toll-free anywhere in BC to access emotional support, information and resources specific to mental health and substance use issues. Available 24 hours a day.

**Northern BC Crisis Line:** 1-888-562-1214  
Visit: [crisis-centre.ca](https://www.crisis-centre.ca) or scan the QR code below



**The Northern Health Virtual Primary and Community Care Clinic** also provides support for mental health and substance use: (1-844-645-7811)

## Overdose prevention services are available in Fort St. John:

### MORNING LOCATION

**Alliance Church parking lot**  
Address: 9804 99th Ave, Fort St. John, BC  
Monday to Friday from 9 am to 12 pm

### AFTERNOON LOCATION

**FNHA parking lot**  
Address: 10130 100th Ave, Fort St. John, BC  
Monday to Friday from 1 pm to 4 pm

## Harm reduction supplies and locations:

**Toward the Heart** - use this resource to find local harm reduction sites nearest you.

Visit: [towardtheheart.com/site-finder](https://towardtheheart.com/site-finder) or scan the QR code with your phone.

