

Board Meeting

Date: June 10, 2019

Location: Fort St John, BC

Recorder: Desa Chipman

Chair: Colleen Nyce

Board: • Stephanie Killam • Edward Stanford

Frank Everitt • Rosemary Landry

John Kurjata
 Wilfred Adam

Patricia SterrittBrian Fehr

Executive: • Cathy Ulrich • Dr. Ronald Chapman

Fraser Bell
 Dr. Sandra Allison

Mark De Croos

• Steve Raper

Angela De Smit
 Dr. Helene Smith

David Williams

• Danielle Guglielmucci

Public Minutes

1. Call to Order Public Session

The Open Board session was called to order at 9:07am

2. Opening Remarks

Chair Nyce welcomed all guests to the meeting and shared recent announcements that Northern Health has been involved in with recognition to Angela De Smit, Chief Operating Officer, North East and David Williams, VP Human Resources for their contribution and support with UNBC and Northern Lights College in building the partnership to help bring nursing education to the northeast.

3. Conflict of Interest Declaration

Chair Nyce asked if any Director present had a conflict of interest they wish to declare regarding any business before the Northern Health Board at this meeting.

• There were no conflict of interest declarations made related to the June 10, 2019 Public agenda.

4. Approval of Agenda

Moved by R Landry seconded by F Everitt

The Northern Health Board approves the June 10, 2019 public agenda as presented.

5. Approval of Board Minutes

Moved by S Killam seconded by R Landry

The Northern Health Board approves the April 15, 2019 minutes as presented

6. Business arising from previous Minutes

There was no business arising out of the previous minutes

7. CEO Report

An overview of the June CEO Report was provided to the Northern Health Board for their information with the following areas being highlighted:

- NCLGA: Healthy Communities Forum May 2019:
 - As part of the North Central Local Government Association convention the 4th annual Northern Health Communities Forum "Resilient & Healthy Communities" was attend by 75 local government officials, health authority staff, and community partners. This was the first time Northern Health has co-hosted this event with Interior Health.
 - This year's theme focused on resilience with the aim to support resilience at the community level by providing information, resources, and targeted recommendations for local government action. The topics included in the day were:
 - An overview of what resilience looks like, and the services available through Healthy Settings, the Health authorities, and the Province
 - Local-level health data to inform local action
 - Healthy & Resilient Communities: Food Security in BC, and
 - Housing for Resiliency and Community Well-being
- 2019 Indigenous Health Improvement Committee Gathering: Cultural Safety A Journey of Partnership, Reflection and Understanding May 28 and 29:
 - Northern Health, leaders and health care providers from First Nations communities and the First Nations Health Authority have worked together to establish Aboriginal or Indigenous Health Improvement Committees in each geographic area across the North.
 - These committees have been working together to improve the cultural safety of health care services for First Nations and Métis people. On May 28 and 29, the committees came together in an annual gathering. The overarching goals for the gathering were:
 - To share experiences and knowledge with each other.
 - To celebrate accomplishments
 - To explore bias and related concepts
 - To investigate roles in partnerships, and
 - · To reflect and express thoughts through art
- BC College of Family Physicians (BCCFP) Family Physician of the Year
 - The BCCFP gives out awards as a way to honour physicians from each of B.C.'s health regions. This year, Dr. Catherine Textor, a Prince George family practice physician has been recognized by the College of Family Physicians as BC's Family Physician of the Year
 - Dr. Aryn Khan of Vanderhoof was also honoured by the BCCFP with the First Five Years of Practice Award.
 - o Dr. Marlowe Haskins, based in Smithers, won the northern region's My Family Doctor Award as nominated by his patients.

7.1. Human Resources Report

Management provided a detailed overview of the three levels of workforce planning that Northern Health is continually undertaking:

- Provincial Workforce Planning:
 - The Provincial Integrated Health Human Resources Planning (IHHRP) initiative which aims to establish a single, comprehensive and collaborative process to align

supply, mix, and distribution of the workforce to meet patient and population health needs.

- Health Authority Human Resources Strategy:
 - Northern Health is developing a Human Resources (HR) Strategy which aims to optimize, support, and retain the existing workforce. This includes profession-specific workforce plans which summarize the unique challenges facing each of the priority professions. It also contains the strategic initiatives that are forthcoming or underway to address these challenges.
- Operational Workforce Planning:
 - The implementation of standardized workforce planning for the organization to support evidence-based decision making, improve engagement, and provide a better understanding of our workforce. This work is specific to departments and units within NH.
- Northern Health continues to focus on a variety of strategies to address difficult-to-fill vacancies. Information was provided on recent successes and ongoing efforts.

8. Audit and Finance Committee

- 8.1. Public Comments 2018-19 Fiscal Year End
 - An update was provided to Directors on the status of the audit of Northern Health's 2018-19 financial statements, and government requirements regarding disclosure of the audited financial statements to the general public.
 - o Northern Health ended fiscal year 2018-19 on March 31, 2019. The annual financial statements are being audited by PricewaterhouseCoopers (PwC).
 - Upon conclusion of the audit, the audited financial statements will be presented to Northern Health's Board of Directors for approval.
 - Following Board approval, the audited financial statements will be submitted to the Ministry of Health for its review and approval to release to the general public. Once Ministry approval is received, Northern Health's 2018-19 audited financial statements will be posted on the Northern Health website.

8.2. Public Capital Expenditure Plan Update

- The Northern Health Board approved the 2018-19 capital expenditure plan in February 2018, and amendments in June and November 2018. The updated plan approves total expenditures of \$50.3M, with funding support from the Ministry of Health (\$18.5M, 37%), Six Regional Hospital Districts (\$16.4M, 33%), Foundations, Auxiliaries and Other Entities (\$4.6M, 9%), and Northern Health (\$10.7M, 21%).
- A detailed summary of the 2018-19 outlined that \$37.9M was spent towards the execution of the plan.

Moved by J Kurjata seconded by E Stanford

The Northern Health Board receives the Period 13 update on the 2018-19 Capital Expenditure Plan.

9. Performance, Planning & Priorities Committee

- 9.1. Strategic Priority: Quality
 - 9.1.1. Overdose Prevention & Response Update
 - Canada is facing a national opioid crisis affecting almost every region in the country. BC continues to see the highest total number of opioid related deaths and Northern BC remains one of the most impacted areas within BC. Fentanyl and other fentanyl-related substances continue to be a major driver of this crisis.

- This is a complex health and social issue requiring a response that is comprehensive, collaborative, compassionate and evidence-based.
- The response has involved engagement with people with lived experience, public
 education and targeted information campaigns, enhanced data collection and
 analyses, increased access to evidence-based treatment for opioid use disorder
 and rapid distribution of naloxone to reverse overdoses. Early findings of the
 overdose response strategies have shown that many lives have been saved
 through these efforts.
- Despite these lifesaving activities, the BC Coroners Service reports the number of deaths in BC due to illicit substance use continues to rise, from 1486 in 2017 to 1489 in 2018. Similarly, despite Northern Health's focus on the public health emergency, there was a 35% increase in the number of illicit drug deaths within our region from 2017 to 2018.
- NH also has the second highest rate of illicit drug deaths for 2018, with 31 deaths per 100,000, trailing behind Vancouver Coastal Health with 36 deaths per 100,000.
- Provincially, the Ministry of Mental Health and Addictions has established an Overdose Emergency Response Centre (OERC) to oversee the provincial response. The OERC plan is built on eight core interventions.
- Northern Health has established a Regional Response Team supported by Local Implementation Teams to develop regional and local level actions. Supporting the community based actions are community action teams (CATs) in Fort St John and Prince George which have been funded by the Ministry of Mental Health and Addictions to enable local action based strategies. Funding provided to the CATs has been extended for an additional year.
- Overall, an effective response to this crisis requires a whole system approach, a broad spectrum of services, as well as an enabling environment.

10. Presentation: Tackling the Opioid Crisis Locally: Fort St John Community Action Team and Health Fort St John

Amanda Trotter, Executive Director, Fort St John Women's Resource Society and Julianne Kucheran, Community Consultant, Urban Matters provided the Northern Health Board with a presentation on Tackling the Opioid Crisis Locally.

• The Northern Health Board of Directors found the presentation to be very powerful and expressed appreciation for the information and presentation.

11. Governance and Management Relations Committee

- 11.1. Policy Manual BRD 200 Series
 - The revised policy manual BRD 200 Series was presented to the Board for review and approval.

Moved by F Everitt seconded by J Kurjata
The Northern Health Board of Directors approves the revised BRD 200 series

11.2. Policy BRD 510

• The revised policy BRD 510 was presented to the Board for review and approval.

Moved by F Everitt seconded by J Kurjata

The Northern Health Board approves Board Policy BRD 510 as revised.

11.3. 2021 Board Meeting Calendar

Moved by W Adam seconded by F Everitt

The Northern Health Board approves the 2021 Board meeting calendar as presented.

11.4. Annual Report: 2018-2019

- An update was provided on the current status of the Annual Report for 2018-2019 fiscal year. Northern Health plans to continue last year's practice of producing only an electronic version of the annual report
- Northern Health will also follow last year's practice of producing an infographic summarizing the fiscal year). As well, there is a plan to redesign the report and introduce a more interactive "flip" version.
- Next steps for 2018-2019 Annual Report:
 - May July: Collect submissions and make final edits and approval of the report; create online version and infographic
 - By July 31: submission to the Government Communications and Public Engagement (GCPE) for approval
 - By August 31: Report will be completed and posted on the Northern Health website.

11.5. Emergency Preparedness

- Management provided the Board with an overall review of HEMBC, North's emergency
 management operations during 2018 and operational initiatives and system readiness for the
 upcoming 2019 wildfire/freshet season for information and discussion.
- 2018 Wildfire Response- Impacts to the Health Care Delivery System:
 - NH's involvement in the 2018 fire season was significantly different than in the 2017 Cariboo wildfires. NH's participation in 2017 was primarily supporting Interior Health Authority (IHA) by accepting evacuated patients. In 2018, NH's health care service delivery was directly affected by the wildfires.
 - There was an influx of evacuees from villages and rural areas into nearby centres due to evacuation orders and self-evacuees due to poor air quality. This movement had the potential to negatively impact or overwhelm the local healthcare delivery system.
 - Analysis of health care data, facility process reviews and a general After Action Review (AAR) were completed to understand the impacts to the health care system and to prepare for the recovery phase.
 - The 2018 season allowed HEMBC, North to validate quality improvement initiatives (QI) arising from 2017 wildfire reviews and recommendations. Actions such as the redesign of NH's Emergency Operations Center (EOC) structure, advanced planning techniques, and the distribution of a facility evacuation guide proved to be very helpful in the response to the 2018 wildfires.
- Preparations for system readiness for the 2019 wildfire/freshet season have included the following:
 - 5 Minute drill initiative
 - Coordination of Northern Health facility / program table top exercises
 - Emergency operations centre preparedness training
 - Complete facility evacuation planning & response support
 - Chemical Decontamination

Meeting was adjourned at 10:36am Moved by S Killam

Colleen Nyce, Chair

Colleen V Nyce

Desa Chipman

Desa Chipman, Recording Secretary