

## Regional Palliative Care Consultation Team

The Regional Palliative Care Team members can provide formal or informal consultation on clinically complex palliative patients. The team can also provide Nurse Consultant support, Palliative Care Physician support and manages the Palliative Care Registry.

The goal is to provide equitable service throughout Northern BC. The Regional Palliative Care Consultation Team provides consultation services for all of the following sites and surrounding communities:

### Northeast

- Chetwynd
- Dawson Creek
- Fort Nelson
- Fort St John
- Hudson's Hope
- Tumbler Ridge

### Northern Interior

- Burns Lake
- Fort St James
- Fraser Lake
- Granisle
- MacKenzie
- McBride
- Prince George
- Quesnel
- Valemount
- Vanderhoof

### Northwest

- Atlin
- Dease Lake
- Houston
- Haida Gwaii
- Hazelton
- Kitimat
- Prince Rupert
- Smithers
- Stewart
- Terrace

## How to Request a Palliative Care Consultation

Consultations are accepted from multiple sources including patients/families, physicians, nurses, community agencies, hospices, hospitals, and LTC homes.

When referring to the Nurse Consultant, we encourage that the patient's primary physician is made aware of the request.

### When requesting a consultation, please provide:

- Patient's name and date of birth
- Presenting problem
- Relevant history
- Relevant clinical information (medications, renal function, etc.)

### HOURS

**Monday – Friday:** 8 a.m. – 4 p.m.

**Phone:** 250-645-3791

**Fax:** 250-565-5596



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# Palliative Care Nurse Consultant



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## What is Palliative Care?

Palliative care is a type of health care for people who are living with active, progressive and life-limiting illness. Palliative care is holistic care aimed at alleviating suffering whether physical, emotional, psychosocial or spiritual. Palliative care is provided by a multidisciplinary team and may occur alongside treatments that control or manage illness. Palliative care is about promoting the best possible quality of life for patients living with a life limiting illness and their family/ loved ones.

## Palliative Care Nurse Consultant Services

The PC Consultation Team helps build capacity among primary care providers in the delivery of palliative care by providing education and clinical support to primary care providers.

Services are provided across the continuum of care:

- Acute Care
- Home and Community Care
- Residential Care

Promotes quality end-of-life care by:

- Serving as a resource to assist other health care professionals in interpretation and application of best practice guidelines
- Linking health care providers with specialized palliative care resources

## Palliative Care Nurse Consultant Services con't.

Provides consultation & clinical support for palliative clients/families with the following:

- Complex pain and symptoms management and/or psychosocial issues
- Clinical review—new admission or repatriation
- Complex discharge planning
- Participation in team review for patients being admitted to the designated palliative care beds in residential care
- Education needs of patient and/or family
- Case review—placement options
- Complex end-of-life decision making and ethical issues

Promotes health care professionals learning and development by:

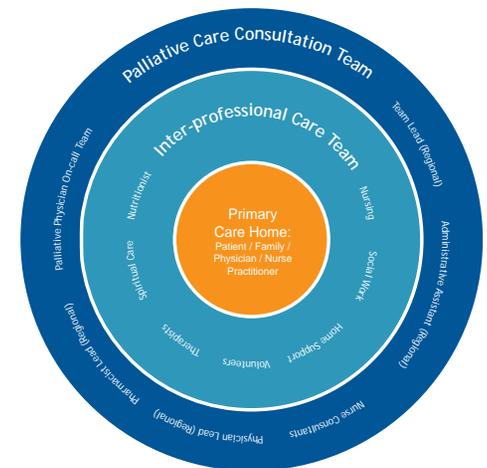
- Providing formal courses and education workshops
- Providing case-based education and mentoring for service providers
- Developing clinical resources
- PC Nurse Consultants provide consultation to service providers in person, by telephone, fax or email to assist with assessment and management of complex pain and other symptoms
- Virtual support and mentoring

## Palliative Care (PC)

In Northern Health:

- PC is provided to all patients/families living with any life limiting illness
- PC services are provided to patients/families in all care settings
- Direct PC is provided by primary care providers – the patient's own physician, home care nurse, community nurse, acute care or residential care staff, community or hospital pharmacy, etc.

The PC Consultation Team helps build capacity among primary care providers in the delivery of palliative care by providing education, resources and clinical support.



For more information on the NH Palliative Care Program visit: [northernhealth.ca](http://northernhealth.ca) or the palliative care site on [OurNH](http://OurNH).