

Talking is as easy as

1

2

3

Your role as a parent includes. . . helping your child learn to use words. Your child's first attempts at communicating are through crying. Later on, your child will make sounds which you can copy. First words develop so your child can ask for things.

1

A 10 month old child

What to watch for:

- Playing Peek-a-boo
- Waving "bye"
- Saying lots of babbling with different sounds
- Shouts to get attention.

What to do:

- Copy your child's sounds
- Keep your speech simple and clear
- Recite nursery rhymes and sing songs.



2

A 12 month old child

What to watch for:

- Your child's first word.
- Following of simple one-step directions
- Points to objects for you to get or name

What to do:

- Point out and name things in books
- Teach your child names of things, people, and actions
- Show delight with your child's efforts to communicate



3

An 18 month old child

What to watch for:

- Copying your words
- 10 words your child says
- Points to different body parts
- Turns pages of a book a few at a time

What to do:

- Read books to your child frequently
- Get down at your child's eye level when talking together
- Copy and add words to your child's single word sentences



Remember!

- When your child is 18 months, you will be filling out the full Ages and Stages questionnaire. You may discover that your child needs some support with communication. The Public Health Nurse may suggest a referral to a Speech Language Pathologist (SLP). It's never too early to help your child with their speech and language development. Time with the SLP is full of fun. Your child is able to play with toys and you can ask questions.
- After 18 months, you may have questions about your child's speech language development. Trust your instincts and call an SLP. Don't wait - early help makes a difference!

Talking is as easy as ...

1

1 word sentences at
1 year of age.

2

2 word sentences at
2 years of age.

3

3 or more word sentences at
3 years of age.

If you have questions or concerns about your child's speech and language please contact:

Speech & Language Contacts

Northern Interior (Prince George, Mackenzie, Quesnel, McBride & Valemount)

The Child Development Centre of Prince George & District	250-563-7168
Northern Health Speech & Language Clinic (Prince George)	250-565-7370
Northern Health Speech & Language Clinic (Quesnel)	250-983-6810
Quesnel & District Child Development Centre	250-992-2481

South Peace

South Peace Child Development Centre	250-782-1161
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North Peace

Fort St. John Child Development Centre	250-785-3200
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Bulkley Valley & Nechako Lakes

(Burns Lake, Fort St. James, Fraser Lake, Upper Skeena, Smithers, Vanderhoof, Houston)

Bulkley Valley Child Development Centre	250-847-4122
Smithers Community Health Unit	250-847-6400
Burns Lake Early Intervention/Community Therapy Services	250-692-1725
Lakes District & Nechako Early Intervention Services	250-567-6164

North West (Haida Gwaii, Kitimat, Prince Rupert, Stikine, Terrace, Lisims Early Learning Partnership)

Northern Health Speech & Language Clinic (Prince Rupert)	250-622-6380
Northern Health Speech & Language Clinic (Terrace)	250-631-4233
Northern Health Speech & Language Clinic (Masset)	250-626-4715
Northern Health Speech & Language Clinic (Village of Queen Charlotte)	250-559-4361
Terrace Child Development Centre	250-635-9388
Kitimat Child Development Centre	250-632-3144
Haida Gwaii Health Centres	(Queen Charlotte) 250-559-4361 (Masset) 250-626-4715

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