



COMMUNITY UPDATE

The latest from Northern Health

November 2022

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Organization and community news

Influenza clinics – Flu season is approaching

The seasonal influenza (flu) vaccine is available across Northern Health! This year, you can get a [free flu vaccine at the same appointment as your COVID-19 booster](#). To find an influenza clinic near you, please register and book through the [Get Vaccinated system](#) online or by calling [1-833-838-2323](#) (toll free).

Prevention is Key: Practicing proper hand hygiene, staying home when sick, and getting immunized or wearing a mask all help ensure all members of the community are protected throughout influenza season.

Do you know about the NH Recruitment Digital Strategy? Follow us on social media!

It is NH Recruitment's goal to reach further into specific target audiences through digital channels ([Facebook](#) and [Instagram](#)) to connect with and hire qualified candidates to add to our existing amazing teams! We believe that with a [more consistent online and digital presence](#), we can show the benefits of working at NH and living in the NH region and hope you will help us by engaging with our social media.

By establishing more two-way communication opportunities with our audiences, we can act faster and connect quickly and broadly with our stakeholders. For example: NH Recruitment has just completed our first Virtual Career Fair that registered over 220 attendees!

Northern Health Story highlights

The [Northern Health Stories site](#) is a great place to read about what's going on in Northern Health – people, places, projects, and more! Here are some recent highlights.

- [Three things you need to know about flu season](#)
- [Tower cranes removed as construction advances on the new hospital in Terrace](#)
- [Construction begins on new Seven Sisters in Terrace](#)
- [Rapunzelle the horse visits Gateway Lodge long-term care in Prince George](#)

Overdose prevention and response

Toxic Drug Alert: Fort St John

Alert issued October 28.

There has been an increase in overdose events in the community of **Fort St John**. Reported overdoses have been associated with a white pill that is circulating and substances sold as Meth. Overdoses occurring when substances are smoked and injected.

Substances move throughout our region and may present in your community so please share this alert widely and use with caution following the harm reduction messages in the [printable news link](#), and [toxic drug alert poster](#) (both of which include important safety information). For more current drug alerts, visit the [NH overdose prevention webpage](#).

Fort St. John overdose prevention site (OPS)

Mobile OPS:

Morning location: Alliance Church parking lot, 9804 99th Ave
Monday to Friday (9 am - 12 pm)

Afternoon location: FNHA parking lot, 10130 100th Ave
Monday to Friday (1 - 4 pm)

Toxic drug alert: Prince George

Alert issued October 21, expires November 4.

There has been an increase in overdose events in the community of **Prince George**. The reported substance has tested positive for fentanyl, contains unexpected amounts of cocaine, and is described as a white pressed pill with “TEC” imprinted on it. It is being sold as Percocet in the Prince George area

Substances move throughout our region and may present in your community so please share this alert widely and use with caution following the harm reduction messages in the [printable news link](#), and [visual alert](#) (both of which include important safety information). For more current drug alerts, visit the [NH overdose prevention webpage](#).

Local overdose prevention sites (OPS)

- Two Doors Down 1126 3rd Ave Prince George BC
Hours: Tuesday – Saturday 6am-11am; 6pm-11pm

- Needle Exchange 277 George St., Prince George BC
Hours: Monday – Saturday 1pm-6pm

Training module for peer workers

The BCCDC Peer Worker Leadership training curriculum aims to equip peer workers with leadership skills and tools for success. Its modules are informed by the lived/living experience of people who use substances.

Released this week, a module titled “Identity and Inclusion” can be viewed [here](#), while the entire BC Peer Worker Training Curriculum is [here](#).

COVID-19 and Monkeypox information and updates

Resources and information

The [Northern Health COVID-19](#) and [COVID-19 information](#) pages have information about immunization clinics, testing and self-isolation, the community toolkit, and trusted contacts.

For information outside of Northern Health, see [these trusted resources](#).