

Sublingual			Injectable		
LORazepam sublingual	1 mg	20 tablets	dexamethasone	10 mg/mL, 10 mL	1 ampule
			glycopyrrolate	0.2 mg/mL, 2 mL	5 ampules
			haloperidol	5 mg/mL, 1 mL	10 ampules
			HYDROmorphine	10 mg/mL, 1 mL	20 ampules
			methotrimeprazine	25 mg/mL, 1 mL	10 ampules
			metoclopramide	5 mg/mL, 2 mL	10 ampules
			midazolam	5 mg/mL, 2 mL	5 ampules
			morphine	10 mg/mL, 1 mL	10 ampules

Suggested nursing supplies (may vary slightly in each community):

- SQ butterflies (4)
- 2x2 gauze (4)
- Paper tape (2)
- Tegaderm (4)
- Gloves (2 pair)
- Alcohol swabs (30)
- Injection site valve (4)
- Med labels (20)
- **10-513-7007** Symptom Management Kit Medication Log
- NH Palliative Care Program Symptom Guidelines
- Laminated help line phone number
- Pain scale
- 1 mL syringe with 5/8" 25 g needle (8)
- Needleless med prep cannula (4)
- 3 mL syringe (4)
- 5 mL syringe (4)
- 21 g 1.5" needles (4)
- 25 g 5/8" needles (4)
- Syringe tip caps (10)
- Sodium chloride 10 mL ampule (4)
- Evaluation form
- Sharps container
- Nursing cards
- Calculator

**For initial treatment suggestions please refer to the:
NH Palliative Care Symptom Guidelines 4th Edition and the B.C. Inter-Professional Palliative Symptom Management Guidelines**
OurNH.ca or Northerhealth.ca

